



SECRETS OF THE SOUTHERN HIGHLANDS

FOOD TRAIL – Culinary Delights

DID YOU KNOW? That small cows make BIG cheeses? The small Irish Dexter Cows of Small Cow Farm in Robertson produce unique milk which is now creating award winning cheeses which you can taste at many of our local Southern Highlands restaurants, or you can even try to make your own at one of their regular cheese making workshops. AND if you have a sweet tooth, the best kept secret in the Southern Highlands is the recipe for Nerida's famous shortbread. You can't get the recipe, but you can get the product - treat yourself today!

It's never been a better time to take a winter short break and discover the many hidden secrets of the Southern Highlands. The Southern Highlands of NSW is a unique area, in fact it is hard to find a region similar anywhere else in Australia. Indeed to most visitors it is as if they are entering "another world" and yet it is only a short distance from Sydney. The beautiful region has many draw cards such as its magnificent gardens, speciality shopping, natural attractions, award winning cool climate wines, local produce, numerous cafés and restaurants and a depth of history and heritage.

So if you're a "foodie" and you wish to sample some of our local 'culinary delights' then winter is a great time to discover our food and wine trail which takes you on a gastronomic adventure as a destination offering new food experiences.

Spend a pleasant day (or two) driving through the countryside dotted with orchards, vineyards and olive groves. The Southern Highlands is renowned for its inventive modern cuisine, award-winning restaurants, fine dining venues, great coffee shops and warm country charm. Why not try one of our regions famous Devonshire Teas or even treat yourself to an old fashioned High Tea.

Food lovers will find some of the country's best beef and lamb, award winning cheeses and of course our famous Robertson potatoes, all being grown in the Southern Highlands. With many local restaurants featuring such produce on their menus.

For those who want a hands-on experience, perhaps some berry picking, in season (or take the easy option and purchase some home made preserves and fresh produce direct from Farmgates or local markets). There are also Cooking Schools on offer throughout the year, where you can really indulge your passion for good food and wine.

So escape to another world that's so close and discover the secrets of the Southern Highlands.

For more information visit: www.southern-highlands.com.au/secrets

or call Tourism Southern Highlands 1300 131 937