

# News Release

**Contact:**

Steve Rosa, Executive Manager Tourism

Phone: 02 4871 2888

**FOR IMMEDIATE RELEASE**

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## **SOUTHERN HIGHLANDS LAUNCHES 'FLING IN THE VINES'**

Its Harvest time in the Southern Highlands and the best way to experience the delights of the regions exciting cool climate and award winning Food and Wine is to indulge the senses and participate on the newly developed mountain bike wine tour - '***Fling in the Vines' with Wild Horizons.***

This new touring experience was today launched at the picturesque Centennial Vineyards Bowral by Steve Rosa, Executive Manager, Tourism Southern Highlands. Steve said "this new cycle tourism product is a great addition to the type of experiences that visitors can now enjoy in our region. Cycling is a growing recreational experience and the Southern Highlands is well positioned to tap into this healthy tourism pursuit as we have beautiful easy riding scenery to mesmerize potential cyclists, quite country roads and lane ways, numerous unique cellar door locations dotted throughout the Highlands, great food and wine products, clean air and all within easy access."

***Fling in the Vines*** is a leisurely 25km mountain bike wine tour. ***Fling in the Vines*** starts with morning tea at Tertini Wines' cellar door, near the historic Southern Highlands village of Berrima. Participants ride along a combination of country roads and farm tracks, taking in the beautiful scenery and rolling countryside, to visit cellar doors and wineries of the area. Participants sample some fine wines at Joadja Winery before relaxing over lunch and tastings at Blue Metal Vineyard. After lunch the tour heads to Bou-saada Vineyard to enjoy tastings under the trees, before returning to Tertini Wines for a sample of their exceptional cool climate wines. A vehicle is on hand to pick up any purchases made along the way. A mountain bike or a hybrid that can handle some gravel off-road riding is required for the tour. Bike hire is available. or you can bring your own bike.



This new tour will kick off with its first Fling in the Vines on **Sunday 26 April**. A weekend stay over tour for ladies only has also been developed and will operate on 16-17 May. These new tours are organised by Bundanoon based business Wild Horizons, well known throughout Australia for organising some of the most fun and challenging adventure events over the past 12 years, as well as offering cycling, walking, skiing and paddling tours, plus private tuition.

**Further information can be obtained by contacting Huw Kingston, Wild Horizons on 02 48836509 or email to [tours@wildhorizons.com.au](mailto:tours@wildhorizons.com.au)**

**Ends**